

California Department of Aging
MHSA Progress Report*
Fiscal Year 2010-11
Reporting Period: July 1, 2010 - December 31, 2010

Department California Department of Aging (CDA)

1. Identify 2-3 highlights for this reporting period

1. CDA established a Mental Health/Substance Abuse (MH/SA) Home Page on the CDA website (http://www.aging.ca.gov/programs/mental_health.asp) with the following links: 1) Mental Health Services Act (MHSA) key partners—California Department of Mental Health (DMH) including DMH Multicultural Services and DMH Interagency Partners; California Mental Health Services Oversight and Accountability Commission (MHSOAC); California Mental Health Directors Association (CMHDA); California Mental Health Planning Council (CMHPC); California Mental Health Services Authority (CalMHSA); 2) CDA MHSA Activities including MHSA Work Plans and Progress Reports, MHSA CDA Reports and Stakeholder Comments, MHSA Presentations; 3) Mental Health and Substance Abuse Information on Older Adults; 4) Evidence-based/Promising Practices; and 5) Mental Health and Substance Abuse Education/Training Resources.

In addition to the MH/SA Home Page, the following information/links are located in the center of CDA's website Home Page: 24-Hour Suicide Prevention Hotline, 24- Hour Local Crisis Hotlines, Contact Information for Mental Health Departments by County, and links to articles on Alcohol/Substance Abuse, Alzheimer's Disease, Depression, Medication Management, and Memory Loss.

Information will continue to be added and updated as new resources are identified and CDA reports are completed.

2. CDA was an active participant on the conference planning committee for the 2010 California Association of Area Agencies on Aging (C4A) Annual Meeting and Allied Conference, "Aging Well in Communities: Having Choices." This conference is the largest and only integrated conference for aging and long term care in California, bringing together a variety of multidisciplinary professionals from the fields of aging and long term care, social services, education and behavioral health. Its workshops showcased innovative and best practices, provided technical assistance and training, promoted an opportunity to discuss aging policy and advocacy issues, and created networking opportunities for professionals across systems who work with older adults with a range of health, mental health and social service needs.

CDA played a key role in inviting the following new partners to participate in this conference to promote a cross-system approach to geriatric training and service delivery to older Californians: California Mental Health Directors Association Older Adult System of Care Committee, California Alcohol and Drug Programs, California Department of Veterans Affairs, Los Angeles County Department of Mental Health Older Adult System of Care, California Elder Justice Workgroup, California Elder Mental Health and Aging Coalition, and Boston University Institute of Geriatric Social Work. Additional conference partners included the California Welfare Directors Association, California Association of Nutrition Directors for the Elderly, California Association of Public Authorities, California

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Commission on Aging, California Long-Term Care Ombudsman Association, California Senior Legislature, Congress of California Seniors, Triple-A Council of California, and Village to Village Network.

The following workshops provided information on older adult mental health and substance use issues: 1) Good Mental Health is Ageless; 2) Milestone of Recovery Scale (MORS) Training (for MHSA-funded Full Service Partnership Programs); 3) It Takes A Community: Promoting Mental Health and Preventing Suicide (SAMHSA Older Adult Suicide Prevention Tool Kit); 4) Creating Mental Health Competencies Through Blended Learning Models; 5) Problem Gambling Among Older Adults; 6) Field-Based Bio-Psychosocial Assessment of Older Adults; Substance Abuse and Mental Illness Among Older Adults; 7) Multi-Agency Response to Older Adult Who Hoard; 8) Responding to an Adaptive Dilemma Through Community-Capacity Building. The following is the link to the conference workshops for more details: <http://www.c4a.info/images/stories/workshopdes.pdf>

3. CDA's Geriatric Mental Health Specialist (GMHS), an MHSA-funded position through an MOU with DMH, received the following two statewide awards during this reporting period: 1) The California Association of Area Agencies on Aging (C4A) President's Citation (2010) "In Recognition of Advancing Mental Health Services for Older Californians" and 2) The California Elder Mental Health and Aging Coalition (CEMHAC) Older Adult Advocate of the Year Award "In Recognition of Leadership and Advocacy on behalf of Older Adults." These awards reflect the positive impact of CDA's MHSA-funded activities from the perspective of aging and long term care service providers and older adult advocates in California.
4. CDA Review of 33 Area Plans : CDA completed a survey of all 33 area plans, both original and updated, to determine the degree to which they are promoting public awareness about mental health issues in older adults, improving coordination with mental health service providers, and participating at the county level to promote older adult mental health service and system development. These activities are consistent with the 2006 Amendments to the Older Americans Act (OAA). The questions included are: 1) Did the AAA do a system level needs assessment? 2) If so, did it assess for mental health needs? 3) What is the source of their data? 4) What were their priorities and where did mental health rank? 5) What was the type of mental health activity in the plan? (a) Coordinating with county mental health? (b) Coordinating with other mental health agencies? (c) Counseling? (d) Community education?

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2. **Please list all the goals/objectives/activities/deliverables for this reporting period as listed in the Memorandum of Understanding (MOU) work plan and provide an update.**

Goal 1: MHSA policy, planning and implementation will support development of mental health services for older adults/adults with disabilities and their caregivers (including racially, ethnically and culturally diverse elders) and promote geriatric education and training for persons working with them. CDA will participate in state-level meetings associated with MHSA policy development, implementation and oversight to promote the achievement of this goal.					
Objective 1a: MHSA Workforce Education and Training (WET) Plans at the county, regional, and state level will support mental health and aging education/training for the public mental health workforce and its system partners. System partners include aging, social services and alcohol/drug programs that work with older adults and adults with disabilities who have mental health needs, and their family caregivers.					
Major Activities/deliverables	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with the local mental health system and other partners	Upcoming events/opportunities/resources anticipated during the next six months
1. <u>The Older Adult Small County Project</u> is to provide geriatric training for county mental health and system partners in targeted small counties. Project was proposed by the <i>California Mental Health Planning Council (CMHPC) Human Resources Committee</i> in collaboration with the <i>California Institute of Mental Health (CiMH)</i> , the <i>California Elder Mental Health and Aging Coalition (CEMHAC)</i> and CDA as a result of the CMHDA OASOC WET Issue Paper.	7/01/10-12/31/10	CMHPC, CIMH and CEMHAC are taking the lead in planning the implementation of this project. The training has not yet been implemented. CDA continues to collaborate with the CMHDA OASOC Committee to monitor the Project's implementation and provide technical assistance as requested. CDA's GMHS chaired the Work Group that developed the WET Issue Paper.	Unmet need for geriatric mental health education/training of public mental health workforce and system partners working with older adults with mental health needs, particularly in small, rural counties. Refer to policy issues identified in CMHDA OASOC Committee <u>WET Issue Paper</u> .	CMHDA OASOC Committee is monitoring the implementation of this project.	

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2. CDA participates in quarterly meetings of the <u>California Social Work Education Center Aging Initiative (CalSWEC AI)</u> to promote geriatric mental health workforce education/training activities relevant to aging service providers.	Quarterly Meetings 7/1/10-6/30/11	Attended CalSWEC AI Meeting: 9/30/10	Need to educate more social workers specializing in gerontology to meet the needs of a growing aging population and the workforce needs of aging services programs.	Older adult county mental health providers are members of CalSWEC AI.	CDA has been invited to participate in the CalSWEC AI strategic planning conference on 2/23/10 to promote geriatric social work education/training. The WET Issue Paper will be distributed to CalSWEC AI prior to conference.
<u>Objective 1b:</u> County MHSA Prevention and Early Intervention (PEI) Plans will be funded that target older adults/adults with disabilities and their caregivers.					
Major Activities/Deliverables	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with the local mental health system and other partners	Upcoming events/opportunities/resources anticipated during the next six months
1. Technical assistance provided to AAAs applying for MHSA PEI funding or implementing MHSA PEI-funded programs.	Ongoing 7/1/10-6/30/11	1. Provided technical assistance to PSA 28 (Serving Napa/Solano Counties).		1. Ten AAAs have received MHSA PEI funding to date and are	

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2. Review MHSa PEI Plans for aging content.	Ongoing until all PEI Plans are approved	2. In process of reviewing the PEI Plans approved after 2/26/10 until all PEI plans are approved by the MHSOAC.	2. Refer to Summary Report for policy and program issues.	collaborating with county mental health.	
3. Update template document after each county PEI Plan has been approved.	TBD	3. In process of updating template with PEI Plans approved after 2/26/10. Will send final template to DMH.			
4. Update Summary Report after all PEI Plans have been approved. Send revised report to DMH.	4/1/11	4. Will update Summary Report when all PEI Plans have been approved. Target Date: 4/1/11			
5. Provide presentations to community partners on the CDA MHSa PEI Plan review.	As requested	5. Presented to CMHPC Older Adult Committee on 10/20/10.			
6. Attend the <u>MHSOAC Services Committee Meetings</u> to provide input on MHSa service implementation issues addressed by the Committee relevant to older adult services.	Ongoing 7/1/10-12/31/10				5. MHSOAC requested a presentation on CDA MHSa Plan Review results at its 1/27/11 meeting. CDA will invite Stanislaus MH Director and AAA to present local perspective.

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Objective 1c: MHSa Statewide PEI Projects policy guidelines for implementation of the CA Strategic Plans on Suicide Prevention and Stigma and Discrimination Reduction will support funding of strategies targeting older adults/adults with disabilities.					
Major Activities/Deliverables	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with the local mental health system and other partners	Upcoming events/opportunities/resources anticipated during the next six months
1. Provide written and verbal comments to the <u>California Mental Health Services Authority (CalMHSA)</u> on draft Implementation Plans for the <u>MHSa Statewide PEI Projects</u> (Suicide Prevention; Stigma/Discrimination Reduction).	Ongoing 7/1/10- 6/30/11	<p>1a. CDA submitted written comments to CalMHSA on draft Plans: 8/31/10, 9/22/10, 10/4/10, and 11/6/10. Comments will be posted on CDA website. Some of these comment letters are posted on the CalMHSA website: https://www.calmhsa.org</p> <p>1b. CDA provided public comments at CalMHSA Board Meetings: 7/15/10, 8/12/10, 9/10/10, 10/14/10, 11/12/10, and 12/9/10. Public comments are in meeting minutes posted on CalMHSA website: http://www.calmhsa.org</p> <p>1c. CDA participated on CalMHSA Implementation Ad Hoc Committee conference calls and provided input.</p> <p>1d. CDA participated in the CalMHSA Informational Sessions on 12/1/10 regarding RFP development for Suicide</p>			CDA will continue to participate in CalMHSA meetings/activities related to implementation of MHSa Statewide Projects.

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<p>2. Provide updates to AAAs/aging services providers/advocates about <u>MHSA Statewide PEI Projects</u> (Suicide Prevention; Stigma/Discrimination Reduction) requesting input on CalMHSA draft documents.</p> <p>3. Submit written comments to DMH on <u>draft MHSA PEI Regulations</u>.</p>	<p>8/31/10 and ongoing</p> <p>11/22/10</p>	<p>Prevention and Stigma/Discrimination Reduction and provided public comments.</p> <p>3. Completed. Comments will be posted on CDA website.</p>			
<p><u>Objective 1d:</u> The California Reducing Disparities Project and the California Strategic Plan for Reducing Mental Health Disparities will include disparity information and community driven remedies regarding diverse older adults in each of the five targeted population groups: African American, Asian/Pacific Islander, Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ), Latino, Native American.</p>					
<p>Major Activities/Deliverables</p>	<p>Due Date</p>	<p>Status on achieving objective, activities and deliverables (insert links)</p>	<p>Identify outstanding policy and program issues</p>	<p>Identify activities being coordinated with the local mental health system and other partners</p>	<p>Upcoming events/opportunities/resources anticipated during the next six months</p>
<p>1. Send resource information about diverse elders to contractors of the MHSA PEI Reducing Disparities Project.</p>	<p>9/30/10 and ongoing</p>	<p>1. Incomplete. CDA has made initial contact with the Project Contractors for the LGBTQ, African American, and Asian/Pacific Islander Work Groups. GMHS will attend the</p>	<p>Older Californians are diverse and their diversity is growing. By 2050, the majority of older</p>		<p><u>California MHSA Multicultural Coalition (CMMC)</u> for the MHSA PEI Reducing Disparities Project will</p>

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2. Send MHSa Reducing Disparities Project information to AAAs/aging services providers.	9/30/10 New Target Date: 3/30/11	MHSa Reducing Disparities Project <u>California MHSa Multicultural Coalition</u> to provide input about diverse older adults.	Californians will be Hispanic/Latino.		convene its first meeting on 3/28/11.
3. Submit comments on draft strategic plans of the MHSa PEI Reducing Disparities Project.	TBD	2. Incomplete. Will distribute project information to AAAs by 3/30/11.			
4. Send draft strategic plans to AAAs/aging services providers for comment.	TBD	3. Incomplete. CDA will review and submit comments on draft plan when available. Anticipated completion date is unknown since draft strategic plans have not yet been created			
<u>Objective 1e: MHSa Innovation Plans will fund Innovation programs targeting older adults.</u>					
Major Activities/Deliverables	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with the local mental health system and other partners	Upcoming events/opportunities/resources anticipated during the next six months
1. Review the approved <u>MHSa Innovation (INN) Plans</u> for aging content to determine the extent to which MHSa Innovation Plans are targeting older adults.	6/30/11	Not started. CDA was completing other workplan activities that had due dates within reporting period of 7/1/10 – 12/31/10			

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2. Develop review template and Summary Report similar to the CDA MHSA PEI Plan Review documents.	6/30/11				
<u>Objective 1f:</u> MHSA Evaluation Activities/Reports will include information on the impact/benefit of MHSA on older adults.					
Major Activities/Deliverables	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with the local mental health system and other partners	Upcoming events/opportunities/resources anticipated during the next six months
1. Attend <u>MHSOAC Evaluation Committee</u> meetings/conference calls to provide input (verbal and/or written).	Ongoing 7/01/10-6/30/11	Completed/ongoing. CDA provided written and verbal comments on draft MHSA Evaluation RFPs and committee policy documents.			
<u>Goal 2:</u> Area Agencies on Aging (AAA) and other aging services providers will participate in the local MHSA stakeholder process to promote the funding of older adult mental health services and geriatric mental health workforce education and training to advance Older Adult System of Care development.					
<u>Objective 2a:</u> AAAs and other aging services providers/advocates will be informed about MHSA and older adult mental health and substance abuse issues including best practices to engage in MHSA activities to promote Older Adult System of Care development.					
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1. Provide updates to the 33 AAAs about MHSA policy, planning and implementation issues, including mental health/substance use information.	Ongoing 7/1/10- 6/11/11	Completed/ ongoing. Updates to the AAAs during this reporting period have focused on the MHSA PEI Statewide Projects and mental health/substance abuse resource information/training opportunities. CDA has posted MHSA and mental health/substance abuse information on its website (Completed 12/31/10)		CDA sent MHSA updates to AAAs about MHSA policies and funding opportunities promote collaboration with county mental health. CDA distributed mental health and substance use information to the CMHDA OASOC Committee.	.
2. Survey AAAs to determine if they are: a) participating in the MHSA stakeholder process; b) experiencing barriers/obstacles to participating; b) receiving MHSA funding; c) collaborating with county mental health and; d) needing training/technical assistance on MHSA to assist with stakeholder participation and collaboration with county mental health.	12/31/10 New target date: 6/30/11	Incomplete. Management is currently reviewing the summary report for of information from AAA Area Plans and Area Plan updates. Have information on the ten AAAs implementing MHSA-funded Older Adult PEI Programs.			
3. Collaborate with community partners when strategic opportunities arise to impact MHSA implementation and Older Adult System of Care	7/1/10- 12/31/10	1. <u>Archstone Foundation</u> -At request of DMH, CDA provided technical assistance to Archstone Foundation regarding background and		1a.Provided contact information to Archstone Foundation on key informants within county mental health and other	Archstone Foundation plans to fund an older adult mental health project in Southern California.

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development including geriatric education and training.		<p>current status of older adult mental health service development in California. Provided documents, list of key informants in mental health and aging network. (Completed/ongoing as requested.)</p> <p><u>2. CA Elder Justice Work Group CEJW –</u> a) Collaborated with CEJW to revise “Fact Sheet on Mental Health Needs of Vulnerable Elders” (Completed 12/9/10). b) Coordinated CEJW presentation on 11/15/10 to CMHDA OASOC Committee. (Completed 11/15/10) c) Submitted written comments on draft blue print <u>Improving California’s Response to Elder Abuse, Neglect, and Exploitation</u> specific to mental health and substance use issues. (Completed 12/17/10)</p>		<p>mental health and aging service providers.</p> <p>1b.Coordinated the presentation by Archstone Foundation to the CMHDA OASOC Committee at C4A conference which included county mental health providers and some AAAs.</p> <p>2. CEJW presented on 11/15/10 to the CMHDA OASOC Committee included county mental health providers and distributed the “Fact Sheet on Mental Health Needs of Vulnerable Elders.”</p>	
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		<p>3. <u>Aging Services of California</u>-Presented on MHSa at its Golden Gate Regional Meeting. (Completed 8/13/10)</p> <p>4. <u>CA Elder Mental Health & Aging Coalition (CEMHAC)</u>- Provided technical assistance on MHSa to guide CEMHAC's advocacy agenda. (Completed/ongoing 7/1/10-12/31/10.)</p>		3. The mental health provider from San Francisco that implements the Older Adult Full Service Partnership Program co-presented.	
Goal 3: Mental health, aging, alcohol/drug and other service providers will collaborate to promote the development and delivery of mental health services to older adults and to support/promote geriatric education and training.					
Objective 3a: Mental health and aging service providers and other system partners will identify collaborative opportunities for service delivery and geriatric education/training.					
Major Activities/Deliverables	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with the local mental health system and other partners	Upcoming events/opportunities/resources anticipated during the next six months
1a. Participate on the <u>California Mental Health Directors Association (CMHDA) Older Adult System of Care (OASOC) Committee</u> to promote collaboration, coordination and cross referrals between mental	Ongoing. Monthly meetings/ conference calls.	1a. Completed/ongoing. CDA report included in meeting Minutes posted on CMHDA website. http://cmhda.org/go/Committees/OlderAdultSystemofCareCommitteeOASOC/OASOCMeetingReports.aspx .		Direct collaboration with county older adult mental health providers.	

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health and aging services providers. 1b. Provide contact information for county mental health to AAAs. 1c. Distribute contact information of AAAs to CMHDA OASOC Committee and MHSA Coordinators.	Semi-annually 12/21/10-6/30/11 Semi-annually 12/31/10-6/30/11	1b. Completed. County mental health contact information is posted on CDA website and distributed. 1c. Incomplete. Will request MHSA Coordinator e-mail list from CMHDA.			
2. Participate on the <u>California Mental Health Planning Council (CMHPC)</u> , provide a standing report at its Older Adult Committee Meetings, and participate in mental health policy discussions to represent the interests of older adults and their family caregivers.	Ongoing. Quarterly meetings:	Completed/ongoing. CDA report and comments are reflected in CMHPC Older Adult Committee agenda/minutes and full Council meeting Minutes. http://www.dmh.ca.gov/MentalHealthPlanningCouncil/Meetings.asp CDA presented its MHSA Plan Review results at the 10/20/10 meeting.		CMHPC includes representatives from county mental health. CMHPC meetings provide opportunity for dialogue across systems and with consumers and family members on MHSA/mental health policy issues.	
3. Participate on the <u>California Alcohol and Drug Programs (ADP) Aging Constituents Committee</u> which is advisory	Ongoing. Quarterly meetings: 10/4/10	Completed/ongoing. CDA provides information to Committee about CDA MHSA activities relevant to older	Need for older adult alcohol/substance abuse screening by community gatekeepers;		Next Meeting: 2/16/11 CDA will inform Committee about its MHSA PEI Plan

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to the ADP Director on older adult alcohol/substance abuse issues. Shared objectives are to promote screening of alcohol/substance abuse including medication misuse by aging services providers and to provide them with education/training to do so. http://www.adp.state.ca.us/Advisory/CC/conCommitteeAged.shtml		adults and co-occurring disorders and AAAs. CDA facilitated linkage between CA Alcohol and Drug Programs (CA ADP) and the California Association of Area Agencies on Aging (C4A) Conference Planning Committee to promote alcohol/substance abuse workshops at C4A conference in November, 2010. ADP provided two workshops at C4A conference (Alcohol/Substance Abuse Assessment/Treatment; Problem Gambling).	development of specialty older adult alcohol/substance abuse services; alcohol/substance abuse training for aging services providers and other system partners.		Review.
Goal 4: CDA program staff, Area Agencies on Aging (AAAs) and other aging services providers/partners will be informed about mental health and substance use issues of older adults/adults with disabilities and their caregivers.					
Objective 4a: Provide/promote education/training to CDA program staff and AAAs/aging services providers about mental health and substance use issues of older adults/adults with disabilities and their caregivers, including evidence-based/promising practice models.					
Major Activities/Deliverables	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with the local mental health system and other partners	Upcoming events/opportunities/resources anticipated during the next six months
1. Identify the mental health and substance abuse	Ongoing 7/1/10-	1. Completed/ongoing. C4A conference planning	Mental health and aging services providers need	CDA facilitated linkage among C4A, the	CDA MHSA staff will continue to identify and

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information and education/training needs of CDA staff and AAAs.	12/31/10	committee identified training needs of AAAs/CDA staff and planned workshops to address those needs. CDA staff are asked about training needs at team meetings.	training on mental health and substance use issues to promote screening, brief intervention and referral.	CMHDA OASOC Committee, the CA Dept of Veterans Affairs and the CA Elder Justice Workgroup for C4A conference.	inform CDA staff and the AAAs about training opportunities including webinars.
2. Identify and disseminate public information materials and training opportunities (webinars, online training, conferences) for AAAs/aging services providers.	Ongoing 7/1/10-12/31/10	2. Completed/ongoing. CDA staff and AAAs are informed about training opportunities such as the American Society on Aging webinars and the Boston University Institute of Geriatric Social Work Online Training. Training opportunities are posted on CDA website.		Mental health/substance abuse information is distributed to the CMHDA OASOC Committee.	CDA MHSA staff will continue to coordinate webinars onsite for CDA program staff on such subjects as: 1) mental health issues of older adults, 2) evidenced based models, 3) substance abuse among older adults and 4) caregiver training and other subjects appropriate to their mental health training needs. Webinars are posted on CDA website.
3 Participate on the <u>California Association of Area Agencies on Aging (C4A) Conference Planning Committee</u> to promote education/training on older adult mental health and substance use issues.	7/1/10-11/15/10	3. Completed. Mental health and substance abuse workshops were provided at the C4A Annual Conference.			CDA will continue to participate on planning committee for future C4A Conferences and will engage system partners.

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Goal 5: Area Agencies on Aging (AAAs) will implement the mental health requirements in the Older Americans Act (OAA) to promote the identification and treatment of the mental health needs of participants served in OAA programs in coordination/collaboration with mental health service providers.					
Objective 5a: AAAs will receive the information necessary to implement the mental health requirements of the Older Americans Act (OAA) and to document these activities in their Area Plans.					
Major Activities/Deliverables	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with the local mental health system and other partners	Upcoming events/opportunities/resources anticipated during the next six months
1. Develop guidance for AAA implementation of OAA mental health requirements and provide education/training to CDA program staff and AAAs on these mental health requirements. <ul style="list-style-type: none"> Guidance document for CDA program staff and AAAs on implementing OAA mental health requirements. 	6/30/11	The information from the Area Plan reviews completed. Baseline information will guide the development of education, training, and technical assistance to CDA and AAA staff.		Guidance will address coordination with the local mental health system and other partners.	
2. Develop standards for needs assessment, goal and objective development		Please see above.			

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<p>specific to mental health to inform the AAA needs assessment and planning efforts.</p> <ul style="list-style-type: none"> Guidance document for CDA program staff and AAAs on AAA Needs Assessment process for Area Plan development. 	6/30/11				
<p>3. Provide CDA program staff and AAAs with up-to-date information on county mental health contact and referral information to access public mental health services.</p> <ul style="list-style-type: none"> Send county mental health department contact and referral information to AAAs and CDA program staff. 	<p>Semi-annually 12/31/10 and 6/30/11</p>	<p>Completed. CDA program staff and AAAs were provided up-to-date information on county mental health contacts and referral information to access public mental health services in staff meetings, by email, and on our CDA website. This information will be updated as needed.</p>			
Objective 5b: AAA mental health activities will be in compliance with OAA mental health requirements.					
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<p>1. Review the 33 AAA Area Plans to provide a baseline assessment of AAA involvement in mental health activities and compliance with OAA mental health requirements.</p> <ul style="list-style-type: none"> Summary Report of AAA mental health activities documented in Area Plans and compliance with OAA mental health requirements. 	10/31/10	<p>Completed. Reviewed the 33 AAA Area Plans, needs assessment, and involvement in mental health activities and compliance with OAA mental health requirements. A summary of the report has been drafted and is under review. It will be shared at an upcoming general meeting of the AAA's in March 2011. The final report will be sent to DMH once approved.</p>	Many of the AAAs collaborated with county mental health and to bring needed mental health services to older adults.	Many AAAs are collaborating with county mental health services to address the mental health needs of their program participants.	Summary report to be shared with AAA's in March 2011.
<p>2. Review updated AAA Area Plans/survey AAAs to identify change over time in AAA mental health activities and compliance with OAA mental health requirements.</p> <ul style="list-style-type: none"> Summary Report on changes in mental health activities. 	1/31/11	<p>Completed. Updated AAA Area Plans/survey identifies changes over time in AAAs' mental health activities and compliance with OAA mental health requirements.</p> <p>Summary Report on changes in AAA mental health activities to be completed after the drafted Summary Report of AAA mental health activities in the Area Plans approved. The final report will be sent to DMH.</p>			

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Goal 6: CDA's Medi-Cal programs (Multipurpose Senior Services Program/MSSP and Adult Day Health Care/ADHC) will be responsive to the mental health and substance use needs of their participants.					
Objective 6a: CDA staff overseeing these programs will be informed about older adult mental health and substance use screening, assessment, treatment and care management tools/protocols, including older adult mental health and substance use evidence-based/promising practice program models.					
Major Activities/Deliverables	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with the local mental health system and other partners	Upcoming events/opportunities/resources anticipated during the next six months
<p>1. Review MSSP and ADHC program requirements/clinical processes to identify the screening, assessment, treatment, referral, and care management tools/protocols used, including evidence-based/promising practices, to address the mental health and substance use needs of program participants.</p> <ul style="list-style-type: none"> Summary Report of program review findings with recommendations for improvement. <p>2. Provide in-service training for CDA program staff overseeing MSSP and ADHC programs based on program</p>	<p>Ongoing 7/1/10-12/31/10</p> <p>TBD</p>	<p>Completed/ongoing. Several in-service training programs were completed at monthly staff meetings. They focused on appropriate and complete mental health and substance abuse assessments using geriatric and mental health models. Summary Report to be completed in Spring, 2011.</p>		<p>Both programs have been made aware of contacts within local mental health systems.</p>	

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review results and identification of education/training needs regarding geriatric mental health and substance use issues including screening, assessment, treatment, and evidence-based/promising practices.		In-service training is ongoing.			
Goal 7: CDA's Health Insurance Counseling and Advocacy Program (HICAP) will provide services responsive to people with mental health and substance use needs.					
Objective 7a: State and local HICAP staff and volunteers will be informed about older adult mental health and substance use issues and how to work effectively with clients with mental health and substance use needs.					
Major Activities/Deliverables	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with the local mental health system and other partners	Upcoming events/opportunities/resources anticipated during the next six months
<p>1. Identify the information and education/training needs of State and local HICAP staff on older adult mental health and substance use issues to guide education/training activities.</p> <p>Provide training at HICAP conferences and other educational events.</p> <ul style="list-style-type: none"> Fall Training. Spring Training. 	<p>Ongoing</p> <p>10/30/10 4/30/11</p>	<p>Fall Training was cancelled as the State Budget was not enacted timely.</p> <p>Spring Training is planned for April 2011. CDA MHSA staff participate on conference planning committee.</p>			<p>Spring Training April 2011 Webinars on such subjects as evidence-based practices, Alzheimer's disease, and depression.</p> <p>Provide training at staff meetings on substance abuse and depression among older adults.</p>

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Objective 7b: State and local HICAP staff perform outreach to dual-eligible HICAP clients who have mental health needs as required by the Centers for Medicare and Medicaid Services (CMS).					
Major Activities/Deliverables	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with the local mental health system and other partners	Upcoming events/opportunities/resources anticipated during the next six months
<p>1. Promote collaboration between HICAP and mental health providers/advocacy organizations to effectively reach dual-eligible clients.</p> <ul style="list-style-type: none"> Distribute contact information and updates to State and local HICAP staff on mental health providers and advocacy organizations. Provide HICAP presentations and exhibits at conferences and other educational events sponsored by NAMI-CA, CNMHC and other partners to be determined. 	Ongoing 7/1/10-6/30/11	<p>Completed/ongoing. Contact information is distributed at staff meetings, State trainings, and on the CDA web page on an ongoing basis to State and local HICAP staff on mental health providers and advocacy organizations.</p> <p>Completed. HICAP provided workshop at Annual NAMI-CA Conference (2010) and sponsored an exhibit table to distribute HICAP</p>	In performing outreach to clients who have mental health needs, HICAP staff needs training on mental health and substance abuse issues.	<p>Ongoing activities are being coordinated between HICAP and NAMI-CA.</p> <p>HICAP staffs, state and local, have been given updated information on local mental health systems.</p>	Meeting scheduled 2/25/11 between HICAP and NAMI-CA to promote HICAP counseling for mental health clients who have both Medicare and MediCal.

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<ul style="list-style-type: none"> NAMI-CA Conference 	8/28/10	information.			
<ul style="list-style-type: none"> California Network of Mental Health Clients (CNMHC) 	TBD				CDA HICAP will schedule meeting with CNMHC in Spring, 2011, to promote free HICAP counseling for mental health clients receiving Medicare and Medi-Cal.
Goal 8: CDA's Long Term Care Ombudsman Program will improve its knowledge, skills and abilities to serve residents with mental health needs in long term care facilities.					
Objective 8a: State and local Ombudsman staff and volunteers will have the information and resources necessary to better serve residents with mental health needs in long-term care facilities.					
Major Activities/Deliverables	Due Date	Status on achieving objective, activities and deliverables (insert links)	Identify outstanding policy and program issues	Identify activities being coordinated with the local mental health system and other partners	Upcoming events/opportunities/resources anticipated during the next six months
1. Collaborate with State Ombudsman staff to identify the information and resource needs of State and local Ombudsman staff and volunteers to better serve residents with mental health needs in long term care facilities. <ul style="list-style-type: none"> Needs Assessment Survey of State and local Long Term Care Ombudsman Programs 	4/30/11	Completed. CDA presented workshop on 7/28/10 to state and local Ombudsman staff and volunteers on serving mentally ill residents. Improved knowledge and skill level of Ombudsmen who serve the	Ombudsman staff and volunteers need training on how to effectively deal with residents with mental health needs and their families, if appropriate.	This training focused on local Ombudsman programs and included information on local mental health providers.	Needs Assessment Survey of State and local Long Term Care Ombudsman Program to be completed by 4/30/11.

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Electronic copy of CDA MHSA Progress Report (July 1, 2010 to December 31, 2010) submitted to Debbie Manas on February 11, 2011.
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